

Disability Employment Awareness Month, Dynamite Abilities Advocacy Group, Delay the Disease, Sensory Friendly Theatre

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## Southeastern Ohio Center for Independent Living **Communication Pulse...**

**your lifeline to disability news and resources**

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### **October is National Disability Employment Awareness Month**

In 2016, the national unemployment rate for people without disabilities was 4.6%. For those with disabilities it was 10.5%, more than double. This is a consistent trend from year to year. October is National Disability Employment Awareness Month...a time set aside to draw attention to these issues.

Employment is just as important to people with disabilities as it is to people without disabilities. Employment gives us a sense of identity. When we meet someone for the first time, the first two questions are always the same: What is your name and what do you do for a living?

Much of society may view people with disabilities as unable to work in anyway. However, the reality is...that is true for only a very small percentage of people with disabilities. Even those with significant disabilities want to work as far as they are able. The obstacle is that their ability to work often depends on factors

which are out of their control such as the lack of accessibility and the attitudes of others.

There are all sorts of ways people with disabilities and society in general can better the employment opportunities for people with disabilities. For more information go to [www.dol.gov/odep/topics/ndeam/index.htm](http://www.dol.gov/odep/topics/ndeam/index.htm). Also, check out the employment information on SOCIL's Facebook page at [www.facebook.com/socilohio/notes](http://www.facebook.com/socilohio/notes).

### APP Corner



The **Job Interview** app contains 6 preparation videos, 5 video questions, 5 video answer and 5 video advice/mentor. Download 90 more videos from inside the app. Now with over 250 flip card questions in different categories: General, Accounting, Finance, Sales, Engineering and Difficult. Each question has a helpful hint if you tap the card. The app also has job interview checklists for you to make sure you have remembered everything. Finally take the job interview quiz to see if you are prepared.**Price:** Free **Device:** iPhone and iPad



### **Dynamite Abilities Advocacy Group**

Each month in Lancaster, a group of people with developmental disabilities gathers to discuss the importance of self advocacy. Take a few seconds to discover why!

**SOCIL** is an active coordinator of this group, for more information on how to join or where they meet contact Scott Campbell at 740-689-1494 ext 15

or [scsocil@sbcglobal.net](mailto:scsocil@sbcglobal.net)

**Delay the Disease** - The #1 Parkinson's Exercise program, is being offered at the Robert K. Fox Family YMCA instructed by Anita Morehart, Wellness Director. These 1 hour classes are held twice a week for 12 weeks. Classes are offered to both members and non-members using equipment provided by Southeastern Ohio Center for Independent Living (SOCIL).

In an effort to get the word out about this great program, the YMCA will be offering

**4 FREE sessions** to the community. On Monday and Wednesday's **October 16th, 18th, 23rd and 25th at 2:00pm** and will give individuals the opportunity to participate and find out how this fitness program can optimize their physical

function and help to delay the progression of their Parkinson's symptoms.

Participants will need to sign a consent/release and must be registered to attend due to limited space. Contact **Anita Morehart at the YMCA at 740-654-0616 ext. 248** to participate. Spouses and support systems are welcome.

[See flier for more details.](#)

### **Columbus Children's Theatre offers Sensory Friendly Performances**



During these performances you can expect:

- Elimination of loud or sudden sounds
- Elimination of abrupt changes in lighting
- Professionally trained staff and volunteers
- Quiet lobby area for breaks
- Communication cards for non-verbal guests
- House lights are kept on slightly to allow for safety and freedom of movement
- Limited seat sales to allow room for guests with spatial issues
- Sensory Friendly Resource packages for families, teachers and caregivers
- Safe, friendly, and judgment-free environment

For more information visit:

<https://columbuschildrenstheatre.org/shows-ticketing/accessibility/>

### **Giving Back to Your Community and helping SOCIL!**

Did you know that just by doing your regular grocery shopping at **Kroger** you could **help SOCIL earn funds** to conduct activities, such as Adaptive Sports, Kids In College Scholarships, peer support groups, and more? By registering your Kroger card in the **Kroger Community**

**Rewards program**, each time you shop and scan your card, SOCIL will receive a percentage of your purchase amount. [Click here for easy instructions on how to register your Kroger card.](#) Ask your family and friends to assist us too! **Thank you!**





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