

Adaptive Sports, Sensory Friendly Movie, Accessible Santa in the Park, Scholarship Program, Cook Club, Blind Abilities Group, Community Activities, Support groups and more...

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Southeastern Ohio Center for Independent Living **Communication Pulse...**

December 2019

Adaptive Sports



The first year of Wheelchair Football was a huge success!!
SOCIL would like to thank the YMCA Rex Plex for opening their facility for our practices.

To close out our season the SOCIL athletes played against the **Fairfield County Sheriff's Department**. It was a hard fought 4 quarters of football. The athletes and deputies had such an amazing time. We could not have done it without the deputies...**THANK YOU!** Everyone involved was able to see the abilities of these athletes and how they can compete with anyone. Wheelchair football will start back up in September of 2020.



Now it's time for Wheelchair Basketball...come join us!

Practices start Monday, December 2nd

Do you have a disability and want to play basketball? Come join the fun. To level the playing field all participants will utilize a sportschair that SOCIL will have available for athletes age 8 and up.

When: Monday's from 5:00pm to 6:30pm

Where: 15663 State Route 595, Logan (old HVI building)

For more information, [SEE FLYER](#) or [Practice Schedule](#) or contact Jeff Williams at SOCIL

740-380-1475 ext. 293 or jwsocil@gmail.com

Sensory Friendly Movie - "Frozen II"



Cinemark Theaters at the River Valley Mall in Lancaster will be providing a Sensory Friendly showing of the movie

"Frozen II"

on Saturday, **December 7th** at 9am Only \$5 per ticket.

During the sensory-friendly showing, the auditorium lights will be on and the sound will be lower.

Please come out and support these showings so that Cinemark will see the need and continue to provide more movies in the future.

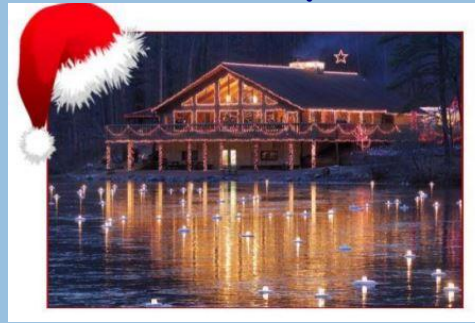
Accessible Night with Santa at Alley Park

Wednesday, December 11th

from 6pm to 8pm

Gates open at 5:45 pm to drive
back

Lancaster Parks & Recreation, in partnership with Fairfield County DD, is once again offering a "sneak preview" night with Santa & Friends at Alley Park. Specific modifications are being made this night to accommodate people of all ages and abilities. Activities are shortened and sensory friendly. Event is FREE. See [FLYER](#) for more details or contact Lancaster Parks and Recreation at 740-687-6651 or alleeparkoe@yahoo.com



Sensory Santa Event sponsored by **Coffee, Tea & Autism Fairfield County**

Please join us for our Sensory Friendly Santa event!

We'll have cookie decorating, a craft and individual visits with Santa in a quiet, relaxed setting!

Thursday, December 19th - 6:30-8:30pm

Peace United Methodist Church

235 Diley Rd, Pickerington, Ohio 43147

To keep this event sensory friendly we are breaking it up into 2 different time slots. We will assign you an hour time slot, either 6:30 pm or 7:30 pm. Within that hour you will see Santa and have the opportunity to participate in all our activities! Please let us know which time slot works best for you.

Registration is REQUIRED - Space is limited!

<https://events.r20.constantcontact.com/register/eventReg?oeidk=a07egr4b1tm4e670ee2&oseq=&c=&ch=>

Youth Leadership Training Webinar (Part 2)

When: December 13, 2019 at 6:00pm

Join us to learn how to be a contributing knowledgeable member on boards, councils and committees. We will be

lead through common used language to know, what is the procedure in different situations and how to ensure you have your voice heard as a young people involved in your community and in leadership positions.



Register Today -

FREE at https://zoom.us/webinar/register/WN_3EL1njq5Q06RKxN4KX3cs

For more information, contact Sierra Toyster, Youth Programs Coordinator for APRIL - 919-567-3602 or April-sierra@att.net

**Please note you can register again for the 2nd part if you were a part of the 1st one.*

**Also know you did not have to be present for part 1 to participate in part 2.*



The National Federation of the Blind's **Annual Scholarship program** is the largest of its kind in the nation. Every year they award more than \$120,000 to blind scholars across the fifty states, the District of Columbia, and Puerto Rico in recognition of their achievements and professional aspirations. For more information and to apply visit nfb.org/scholarships.

Cook Club Returns in January...New Location

When: 4th Tuesday of each month
3:00 pm - 4:00 pm

Where: SOCIL office
1369 East Front Street, Logan
(Hocking Board of DD Building)

First meeting: January 28th



Come join in the fun and make some new dishes. Please note the new location and time. The new location is closer to downtown Logan and should be more convenient for the members. For more details see the [FLYER](#) and contact Michael Welsh at SOCIL, 740-380-1475 ext. 286 or mwsocil@gmail.com to register.

Transportation is available upon request, for individuals who live within the Logan Public Transit service area. Transit request or any other accommodations should be made one week prior to meeting.

App Corner



Santa in the City - This is a fun app for the holiday season. Santa in the City allows you to take the reins and fly with Santa through a highly detailed 3D city, and help him collect letters from kids in time for Christmas! There are three different game modes where you can explore on your own, collect letters for Santa, or play against the clock. The app also has a Christmas countdown and Christmas music.

Price: FREE **Device:** iPad, iPhone, iPod

Blind Abilities Group

When: 2nd Saturday of every month
10:30 am - 12:30 pm

Where: SOCIL office
418 South Broad Street, Lancaster

Next meeting: December 14th



Come join in discussions of issues facing the blind, such as access to information, transportation, work opportunities and more.

Questions contact Jordy Stringer at 740.689.1494 ext. 11 or jssocil@gmail.com.

Transportation is available upon request, for individuals who live within the Lancaster Public Transit service area. Transit request or any other accommodations should be made one week prior to meeting.



During this "Season of Giving" consider giving back to your community and helping SOCIL!

Did you know that just by doing your regular grocery shopping at **Kroger** you could **help SOCIL earn funds** to conduct activities, such as Adaptive Sports, Kids In College Scholarships, peer support groups, and more? By registering your



Kroger card in the **Kroger Community Rewards program**, each time you shop and scan your card, SOCIL will receive a percentage of your purchase amount. [Click here for easy instructions on how to register your Kroger card](#). Ask your family and friends to assist us too!

Thank you!

Community Activities, Classes & Support Groups

"Virtual" Peer Support Group - One of the required core services for any CIL (Center for Independent Living) is **peer support**. Peer support refers to support from a person who has knowledge from their own experiences. In other words, we learn from each other. SOCIL now has a **"virtual" peer support group on Facebook**. Log on to Facebook and search for **"Fairfield/Hocking Independent Living Peer Support Group"**. It is a closed group open only to residents of Fairfield and Hocking counties with disabilities. Send a request to join and answer the questions.

Alzheimer's Caregiver Support Group -2nd Wednesday of each month 1:30 - 3:00 pm
Location: Lancaster SOCIL office. Free respite available. See [flyer](#) for more details.

Parkinson's Support Group - 3rd Wednesday of each month 1:00 - 2:30 pm Location:
Lancaster SOCIL office. Free respite available. See [flyer](#) for more details.

What's Next? - Understanding Alzheimer's & Dementia - Caregiver Educational Group -
3rd Monday of each month from 1:00 - 3:00 pm Location: Lancaster SOCIL office.
See [flyer](#) for more details.

Self Advocacy Groups

"Abilities United" 3rd Wednesday of the month at Logan SOCIL office
3:00-4:15pm. Contact Michael Welsh of SOCIL, at 740-380-1475 or
mwsocil@gmail.com [See December Flyer](#)

"Dynamite Abilities" 3rd Wednesday of the month at Hope Center, 10:00am
contact Scott Campbell of SOCIL, at 740-689-1494 or scottcsocil@gmail.com

"Speak for Yourself" 1st Friday of the month at Fox Family Y in Lancaster
from 6:00 - 7:00pm before the dance. Contact Rejeanna Smith at
rejeannasmith889@gmail.com
for more information.



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418 South Broad Street
Lancaster, Ohio 43130

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