

Southeastern Ohio Center for Independent Living

Communication Pulse...

your lifeline to disability news and resources

August 2019

THE FAIR HOUSING ACT AND THE RIGHTS OF PEOPLE WITH DISABILITIES

Presentation by Disability Rights Ohio

Tuesday, August 13, 2019 1 pm to 2 pm

**Southeastern Ohio Center for Independent Living (SOCIL)
418 Broad Street
Lancaster, OH 43130**

Open to the public – Registration requested - space is limited

Call or email Lisa at SOCIL 740-689-1494 ext. 11 or lisamsocil@gmail.com

Topics covered will include protections under the Fair Housing Act for people with disabilities and unlawful discrimination (including a failure to accommodate one's disabilities, like allowing a service animal or emotional support animal, or an accessible parking space, or physical modifications to one's apartment) and how to handle such issues with one's landlord or housing provider.

Transportation is available upon request, for individuals who live within the Lancaster Public Transit service area. Any request for transit service or any other accommodation should be made one-week prior to the meeting by calling Jordy Stringer, 740.689.1494 ext. 11 or email jssocil@gmail.com

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Adaptive Sports Opportunities

Wheelchair Football

Season Sept 4th through Nov 20th

Location: Rec Plex, Lancaster

See [FLYER](#) for more details.

Registration ends August 30th.

Disc Golf for Veterans

Are you a veteran with a disability? Come join us...get active and gain peer support!

See [FLYER](#) for more details.

Pickleball

Wednesday's through August 21st 5pm-6pm at Hocking Valley Industries, Logan.

See [FLYER](#) for more information.

Contact Jeff Williams at SOCIL

740-689-1494 ext 13 or jwsocil@gmail.com for more details

SOCIL Can Help!

- SOCIL has developed a (dis)Ability Awareness program titled "**An Attitude of Inclusion**". The target audience for this program is adults **without disabilities**. If you are interested in learning more about the program or having it for your employees or group contact Scott Campbell at 740.689.1494 ext.15 or scottcsocil@gmail.com
- With the **beginning of the new school year** just around the corner we wanted to take this opportunity to remind you that SOCIL works with students with disabilities and their parents on issues related to **educational advocacy**. This includes students with disabilities transitioning to college. If you need any assistance in this area contact
 - Scott Campbell in Fairfield County at 740.689.1494 ext.15
scottcsocil@gmail.com
 - Michael Welch in Hocking County at 740.380.1475 ext 286. or
mwsocil@gmail.com

App Corner



myIEPmeeting helps parents and guardians effectively participate in their students Individualized Education Program (IEP) process. The tools include:

1. **Meeting** - Before, During and After checklists and questions to help gather and organize information for your IEP meeting.
2. **Behavior Tracker** - a quick and simple tool to keep track of any behavior.
3. **Monitoring** - syncs with your calendar to create simple reminders to follow-up on your child's progress.
4. **To Do** - helps keep track of the many things that have to get done.
5. **My Files** - this area keeps any files created with the app from photos, videos, audio files and PDFs.
6. **Team Members** - this is a great contact manager for all your team members so you can access them easily.

Price: \$1.99 **Device:** iPhone, iPod Touch

Medicare.gov

Create your official Medicare Account

There's an easy way to manage your Medicare coverage and claims online - just sign up for your official Medicare Account!

Your account lets you securely view your Medicare claims as soon as they're processed, keep track of your prescriptions, see a calendar of current and upcoming preventive services, and much more.

Create Your Account

It's easier than ever to [sign up for your account](#) and see your personalized Medicare information online any time!

Best Vacation Spots With Excellent Handicap Access

Whether you are trying to squeeze in a quick trip before the end of Summer or you just returned from vacation and are ready to start planning for next year - from amusement parks to beaches and cruises, view some of the best vacation spots for special needs! [VIEW this LIST.](#)



Blind Abilities Group

The purpose of the **Blind Abilities** group is to create an environment for members of the Fairfield County community who are blind and visually impaired to come together to discuss issues facing the blind. Issues like access to information, access to transportation, access to work opportunities and more. We also seek to create an environment where people who are blind can engage in the community through community service experiences.

**Meets 2nd Saturday of every month
10:30 am - 12:30 pm**

August 10, 2019

September 14, 2019

October 12, 2019

November 9, 2019

December 14, 2019



Location:

Southeastern Ohio Center for Independent Living
418 South Broad Street, Lancaster, Ohio

Transportation is available upon request, for individuals who live within the Lancaster Public Transit service area. Any request for transit service or any other accommodation should be made one-week prior to the meeting by calling Jordy Stringer, 740.689.1494 ext. 11 or email jssocil@gmail.com

VA Days with Hocking Co. Veterans Service Office



Stop by to visit us on the dates below
from 10a-2p for VA benefits information,
enrollment opportunities, health screenings,
and various medical equipment servicing.

- ★ June 25
- ★ July 9
- ★ August 27
- ★ September 24
- ★ October 22
- ★ November 26

Tractor Supply Company
28 Hocking Mall
Logan, OH 43138



The Chillicothe VA
Medical Center
...we put Veterans first!



Community Activities, Classes & Support Groups

Summer Sensory Friendly Movies - Cinemark River Valley Mall - all shows will be at 9:30 am

July 27th - *"Lion King"*

August 10th - *"Dora and The Lost City of Gold"*

August 24th - *"Frenemies"*

Sensory Stories and Play - Pickerington Public Library - Saturdays 11am-12:00pm An early literacy class specifically designed for children with special needs. Click [HERE](#) for more details.

Alzheimer's Caregiver Support Group -2nd Wednesday of each month 1:30 - 3:00 pm Location: Lancaster SOCIL office. Free respite available. See [flyer](#) for more details.

Parkinson's Support Group - 3rd Wednesday of each month 1:00 - 2:30 pm Location: Lancaster SOCIL office. Free respite available. See [flyer](#) for more details.

What's Next? - Understanding Alzheimer's & Dementia - Caregiver Educational Group - 3rd Monday of each month from 1:00 - 3:00 pm Location: Lancaster SOCIL office. See [flyer](#) for more details.

Self Advocacy Groups

"Abilities United" 3rd Wednesday of the month at Logan SOCIL office 3:00-4:15pm. Contact Michael Welsh of SOCIL, at 740-380-1475 or mwsocil@gmail.com See [August Flyer](#)

"Dynamite Abilities" 3rd Wednesday of the month at Hope Center, 10:00am contact Scott Campbell of SOCIL, at 740-689-1494 or scottcsocil@gmail.com

"Speak for Yourself" 1st Friday of the month at Fox Family Y in Lancaster from 6:00 - 7:00pm before the dance. Contact Rejeanna Smith at rejeannasmith889@gmail.com for more information.



Lancaster Fairfield Public Transit Extends Deviated-Fixed Route hours!

LFPT is excited to announce they will be extending their hours for the deviated-fixed route (loop) service **beginning Monday, July 22, 2019.**

LFPT received a grant through the Ohio Department of Transportation to pilot the extended hours for a period of six months. The four Lancaster loops (Memorial Express, East Loop, West Loop, and Sheridan Loop) will now **extend until 10:00 pm Monday through Friday** throughout the duration of the pilot program.

To utilize this pilot loop, just be at the posted bus-stop (signs at most locations) at least 5 minutes prior to the scheduled stop time. Once you are on the route, let your driver know at which stop you will de-boarding the vehicle. Deviated pick-ups are available within a 3/4-mile radius of the listed stops by calling at least 24 hours in advance to request (limit one deviation per hour).

There will be a public hearing in January 2020 to discuss making this pilot a permanent service.

[Click HERE](#) to see the current bus schedules or call the LFPT office (740-681-5086) or email cwoody@ci.lancaster.oh.us.

THANK YOU to those who have registered your Kroger card!



Did you know that just by doing your regular grocery shopping at **Kroger** you could **help SOCIL earn funds** to conduct activities, such as Adaptive Sports, Kids In College Scholarships, peer support groups, and more? By registering your Kroger card in the **Kroger Community Rewards program**, each time you shop and scan your card, SOCIL will receive a percentage of your purchase amount. [Click here for easy instructions on how to register your Kroger card.](#) Ask your family and friends to assist us too!

Thank you!